

INSTRUCTIONS ON ANTIBIOTICS, PAIN PILLS, ORAL SEDATIVES, ORAL RINSE, AND IV SEDATION

PERIODONTICS, LTD OFFICE PHONE # 259-1943

ANTIBIOTICS:

You may have been given a prescription for antibiotics because of the type of surgery being performed. Antibiotics are given for certain types of surgical procedures to help minimize the risk of infection. Unless otherwise prescribed by your doctor, take 4 antibiotic pills **one hour** before your surgery appointment.

Please note the following regimen:

For patients taking **Amoxicillin**, take 4 amoxicillin one hour before your appointment. After that, take 1 pill three times a day (i.e. breakfast, lunch, dinner) until you have used the entire bottle.

For patients taking **Clindamycin**, take 4 clindamycin one hour before your appointment. After that, take 1 pill four times a day (approximately every 4 to 6 hours) until you have used the entire bottle.

Caution For Women: Antibiotics reduce the effectiveness of birth control pills. While you are on antibiotics, some other birth control method is strongly recommended. A few women are susceptible to yeast infections from taking the 10-day regimen of antibiotics. If this occurs, you may discontinue taking the remainder of the antibiotics.

PAIN MEDICATION:

Pain medication may be taken every 4 to 6 hours if you have pain. We recommend that once you get home and get something in your stomach, take your medication even if you are still numb. This will keep you comfortable after the numbness has worn off. Do not take your medication on an empty stomach! Do not take more than the prescribed amount. **Do not drive nor operate any machinery, especially while taking narcotic medication (i.e. Lortab, Percodan, Percocet, Codeine, Vicodin).**

ORAL SEDATIVES:

If you have been given a prescription for Halcion or Valium, we normally would have you take 1 pill at bedtime the night before your appointment. This will help you to relax and get a good night's sleep. The morning of your appointment, you may take 1 or 2 pills **one hour** before your appointment, depending on how the sedative affects you. If taking one pill is enough, bring the remaining pill with you to your appointment.

Please Note: If you are taking the oral sedative, you will need someone to drive you to and from your appointment.

ORAL RINSE:

Starting the day after your surgery, use the chlorhexadine oral rinse. Rinse with ½ ounce twice a day, after breakfast and at bedtime. Do not eat, drink, or rinse your mouth for 1 hour after using the oral rinse. Continue this regimen until your first post op appointment. The doctor or assistant will tell you at that time if you need to continue using the rinse.

Please Note: This rinse may temporarily stain your teeth. If it does, we will polish the stains off at your post op appointment. **If you have veneers or porcelain crowns on your teeth, the rinse can permanently stain these materials. You may use Listerine instead of the chlorhexadine for rinsing.**

PRECAUTIONS FOR PATIENTS ON ASPIRIN REGIMEN OR COUMADIN:

Aspirin type medication and Coumadin thin the blood and cause more bleeding than normal during surgery.

If you are taking aspirin or aspirin-like drugs (ie. Motrin, Ibuprofen, Aleve, etc.), stop taking this type medication 10 days before your surgery appointment.

If you are on coumadin, please stop this medication at least 3-5 days before your surgery. **This must be approved by your physician before your surgery!**

INSTRUCTIONS FOR PATIENTS HAVING IV SEDATION:

1. Do not eat or drink anything 6 hours before your surgery. Your stomach should not be full of food, coffee, juice, etc. You may take your normal medications (except those listed above) with just enough water to swallow your medication. If your surgery is scheduled for the afternoon, you may eat a light breakfast.
2. Wear a short-sleeved shirt or blouse to allow for placement of a blood pressure cuff.
3. Patients **must** have someone to drive them home; please no taxi or bus rides home! **Please Note: if you are also taking an oral sedative, someone must drive you to your appointment as well as drive you home.** All minors must be accompanied by a parent or legal guardian.
4. **All street drug use is absolutely prohibited for at least 2 weeks before surgery.**